

ALEASHA SEAWARD

Contemporary Dance Artist | Movement Tutor | Co-Director, Soma Studios

Aleasha Seaward is a Contemporary Dance Artist and Movement Tutor from Ōtautahi and the Co-Director of Soma Studios, a vibrant hub for dance and movement training. She earned her Bachelor of Dance Performance from the Adelaide College of the Arts and has spent over 15 years making a significant impact in the dance community. Throughout her career, Aleasha has collaborated with internationally and nationally renowned artists and choreographers, developing a distinctive approach to contemporary dance and movement education.

Deeply embedded in her local community, Aleasha has performed with Fleur de Thier's Leap Project and in acclaimed works such as *Virago* (Tiny Festival) by Julia McKerrow and *Mantra* by Fleur de Thier & Simon van der Sluijs, as well as the contemporary cabaret *Orb*. Aleasha also co-created and performed *Bones*—a dance-theatre work developed collaboratively by Aleasha and Renee Ryan—exploring embodiment, memory, and physical storytelling. She recently performed in *The Feast*, a physical theatre piece by Fleur de Thier and Renee Ryan.

Aleasha has additionally worked with Southern Light Dance Company and performed with EPIC Entertainment across a range of creative and community events. Her commitment to inclusivity is central to her practice; she has toured with Chamber Music New Zealand delivering music and dance workshops for students with disabilities, and performed internationally at the Gathered Together Festival in Glasgow.

Beyond performance, Aleasha is deeply invested in mentoring the next generation of dancers. Through Soma Studios, she offers classes and workshops that foster a nurturing, growth-focused environment for dancers of all ages and abilities. Her teaching experience with Hagley Dance Company and the Anneliese Gilbert Academy reflects her ability to cultivate both technical skill and artistic expression. Whether teaching Contemporary Dance, Muscle and Bone training, Inclusive Movement, or guiding emerging artists, Aleasha remains dedicated to nurturing spaces where individuals can explore their fullest creative potential.

