



WAINUI CAMP

Parent's Handbook

About Wainui Park

Described as Canterbury's best kept secret Wainui Park on Banks Peninsula is your one-stop-shop for accommodation, conference, camping and outdoor programmes.

Wainui Park is a favourite venue for a huge number of schools, community groups and corporate groups from all over the South Island.

We have something to offer all types of groups, as well as a camp ground open to families and individuals.

About Wainui Camp

Wainui Camp is our longest school holiday camp, with campers staying six days/five nights.

From the age of 9 years, children can come and participate in the vast array of fun activities led by our outstanding instructors.

A strong focus is on social interaction and as the children grow into teenagers, leadership development and goal setting is incorporated into the programmes.

Child Protection

Child protection is at the forefront of everything we do in our programmes. Wainui Park strictly follows their Safeguarding Children, Young People and Vulnerable People Policy – if you would like to be sent a copy of this procedure, please contact us.

We understand that trusting your child to someone else's care is a very big decision and we know that some anxiety comes with that decision. If you have any concerns about our programme or the suitability of the programme for your child, please don't hesitate to contact us with any questions.



About the programme

The days at camp are a series of traditional camp and adventure activities. These may include archery, kayaking and flying fox along with games, arts and crafts. We also run a wonderful night programme which may include campfires, trivia night, camp concert and camping out. As we have many campers that come back each school holidays we try to offer something a little different for each camp.

A key philosophy of Wainui Park is Challenge by Choice. Campers are encouraged to try everything but are not forced to do anything as we recognise that all children have very different comfort zones. All activities are facilitated for the age and ability of the campers within our core values of honest, caring, respect and responsibility.

As a provider of adventure activities Wainui Park are audited and monitored regularly by Outdoors Mark. A key component of the adventure activities is our extensive safety management system. This involves all staff identifying risks involved with all outdoor and environmental hazards.

Accommodation

Accommodation at camp is provided by way cabins (up to 9 per room), tents or offsite huts, depending on the programme. There are separate toilet and shower blocks.

Campers of the same age group bunk in together and are separated out into boys and girls. Campers should bring their own pillows and sleeping bags and a few extra layers during the October and April camps.

We ask that you advise us if your camper has any issues with bed wetting. We understand the embarrassment that it can cause some of our campers and we do deal with these issues discretely.

Technology

We realise that children are becoming more and more reliant on technology. We ask that phones, Bluetooth speakers and other technology that can be a distraction, be kept at home – this is an opportunity for the children to connect with the outdoors and their peers. We appreciate your support on this.

About our staff

All of our staff are qualified, professional and committed to working with young people. Our staff are put through a Police Vetting clearance process and are subject to regular performance reviews and comprehensive in house training.

Our staff work with the same age group for the entire camp. This gives our campers an opportunity to build a relationship with their instructors and will enable them to be comfortable and challenge themselves and push their limits on activities.

We have staff staying in the accommodation in separate cabins (or tents) to ensure the safety and security of all campers and assist with any issues that arise in the night.

Our Camp Manager lives on site and is on call 24 hours in the event of an emergency.

Food & nutrition

Our campers are really well fed during school holiday camps to ensure they have as much energy as possible to get the most of the activities each day. Therefore we request that parents do not send any additional food. Often on camps we have young people with food allergies and we must be able to manage what food campers have access to. Lollies and sweets in the cabins can also be an issue in terms of sharing and group bonding.

Our menu is healthy and nutritious and all meals are prepared here in our kitchen. We do not use products that contain a lot of additives and colours. An example of a typical camp menu:

Breakfast – selection of cereals, toast, milk and fruit
 Morning tea – piece of fruit and piece of cake
 Lunch – rolls or wraps, fruit, water
 Afternoon tea – muesli bar, fruit
 Dinner – hot meat dish with rice or potatoes and vegetables
 Dessert – jelly and ice cream

Our campers have access to fruit and water all day long. We do insist that campers carry their own water bottle to each activity. This is particularly important during the summer months.



Behaviour management

We understand that there are some young people that may present with disruptive and challenging behaviours. While we try to work with and endeavour to meet the challenges of these behaviours, it's important to note that not all behaviour can be managed without adversely affecting the experience or safety of other campers.

At the beginning of each camp, all campers participate in a "Full Value Contract" which is set as a part of their age group so that all campers can 'buy in' to the process. This process allows our campers to have input into the kind of behaviour they would like to see from their fellow campers as well as commit to behaving in a certain way themselves.

Every camper has the right to feel safe and valued and enjoy a bully-free week.

Behaviour Management Strategies

We use a variety of strategies to address inappropriate behaviours including time out, diversion and removing campers from a difficult situation. All behaviour management conversations are conducted away from the group to allow the camper to express their concerns and feelings without embarrassment.

At times, we will call parents for assistance to address a difficult, re-occurring behaviour. Generally a phone call home has the desired impact.

Behaviours Resulting in Expulsion from the Programme

It is the responsibility of the Camp Director to determine whether a young person's behaviour is adversely affecting the experience or safety of other campers or staff. The Programme Manager of the site has the absolute discretion to remove a camper from the programme. Reasons for expulsion from a programme may include, but are not limited to:

- > Bullying
- > Hitting / or other aggressive and physical behaviour towards other campers or staff
- > Sexually inappropriate behaviour
- > Absconding behaviour

In the event that a camper must be sent home, the parents/carers will be notified as soon as possible.

In the event that the Camp Director feels the camper or other campers' safety is at risk they may require that the camper be picked up immediately, within a reasonable amount of time, allowing for travel.

Medical / Illness

In the event of an emergency an ambulance will be called and the parent/guardian will be advised as soon as possible. A staff member will travel in the ambulance with the camper and will remain with the camper either until they return to camp, or the parents/guardians arrive at the hospital.

In the event that medical attention is not urgent, or is as a result of pre-existing injury or illness, parents/guardians will be contacted to determine a course of action. These will be handled on a case by case basis.

The best place for children when that are not well is at home. As illness spreads quickly amongst young people in close contact, we ask that you do not send your child to camp if they are unwell.

If we have questions or concerns about your child's health or wellbeing we will contact you immediately.

Medication

All medication is kept safe and administered by our staff team. Parents/carers must provide a signed medication form for each camp and it must contain all the details for each medication.

If your camper is asthmatic, even if they have not had an attack for some time, you must send appropriate medication for them.



Gear List for Camp

ESSENTIAL

- ☐ flat or fitted sheet, and pillow
- ☐ warm sleeping bag and extra blanket
- ☐ 3 towels
- ☐ soap, face cloth, toothbrush, toothpaste, shampoo, sunscreen
- ☐ 2 pairs of lace up walking shoes
- ☐ 2 pairs of shorts
- ☐ 2 pairs of trousers
- ☐ 5 t-shirts
- ☐ 2 warm jerseys
- ☐ boardshorts, togs, closed toe shoes and top to swim in
- ☐ warm jacket
- ☐ waterproof raincoat
- ☐ plenty of socks & underwear
- ☐ warm pyjamas
- ☐ thermals tops and longs
- ☐ sunhat and sunglasses
- ☐ beanie & gloves
- ☐ slippers or jandals
- ☐ day pack
- ☐ torch
- ☐ drink bottle
- ☐ dress up and formal outfits for themed dinners
 - superhero Sunday
 - multi-coloured Monday
 - twin Tuesday
 - wacky Wednesday
 - formal Thursday

OPTIONAL

- ☐ other toiletries
- ☐ cards
- ☐ diary
- ☐ camera
- ☐ book

DO NOT BRING

- money or valuables
- phones, gaming devices, laptops, smart watch, bluetooth speakers
- spray deodorant
- cigarettes, drugs, alcohol, vapes
- large quantities of lollies or energy drinks
- pocket knives

Contact & access

Drop off for all camps is at the Bishopdale Recreation Centre. Times are communicated in your registration confirmation email. Please ensure you arrive on time so the bus can leave promptly.

Contacting your camper during camp can be challenging due to the nature of the site and the programme. Camp is situated over 10 acres and activities are located across the site as well as off-site at times.

We encourage parents/caregivers to send a "letter from home". The most practical way of getting this to each camper would be via our email address (see below).

Please note that due to our child protection policies our site is not open to the public and no one is permitted to visit campers during their stay.

Wainui Park

95 Wainui Valley Road
RD2

Akaroa 7582

03 304 8460 (office hrs only)

wainui@thekindfoundation.org.nz

after hours phone 03 304 7790

emergency cell 027 411 4569

We do hope this booklet provides some helpful information for you. If you still have questions, please don't hesitate to contact us.

WAINUI CAMP

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wainui@thekindfoundation.org.nz



The Kind Foundation

Mō tātou katoa. For all of us.