## **smoothies**

**ENERGIZER 11** 

strawberries, apple, pear, pineapple, dates

**BOOSTER 11** 

mango, banana, spinach, lime juice

VITALITY 11

strawberries, mango, raspberries, goji berries

DETOX 11

blueberries, banana, dates, boysenberries

# milkshakes

CHOCOLATE 11
VANILLA 11
SALTED CARAMEL 11
STRAWBERRY + BANANA 11
MATCHA + APPLE 11

add a protein shot 2, alternative milks 0.80



### desserts

#### **DESSERT OF THE DAY**

check with our wait staff

### CRÈME BRÛLÉE 14 GF

with berry compote

#### GOURMET BANANA SPLIT 14 GF

with cream, chocolate sauce, toasted almonds, vanilla ice cream and Whittaker's chocolate

#### ICE CREAM SUNDAE 10 GF

vanilla ice cream, raspberry or chocolate sauce and whipped cream

