

Activity Management Plan

WILDERNESS DAYTIME SOLO

Activity	Detail
Location / Site	Various sites during hiking activity.
Parking	At the start of the track used
Grid Reference	Various – Depends on site used
Water	Bring drinking water
Toilets	See site specific information
Access Permission	n/a
Instructor Requirements	Outdoor Core 2 (lead) or equivalent Wilderness Solo training and induction completed
Specific Equipment & Resources	First aid kit Fly sheet/emergency shelter (if required) Spare clothing Spare water appropriate to conditions Crib sheet/map/site specific information Relevant communication devices Food (if out for a while)
Specific Policies	Weather forecast to be checked prior to activity Instructor to brief participants on leave no trace ethics/DOC Code Group leader is to check the site for obstructions / hazards prior to starting the activity Group leader to carry a copy of the medical list 1 Adult : 6 students Supervising adults should regularly check on participants throughout the solo
Emergency Response	Seeking Assistance: <ol style="list-style-type: none"> 1. Use mobile phone kept with emergency equipment 2. Use UHF radio kept with emergency equipment 3. Use EPIRB (if applicable) 4. Depending on current location of the group an adult could be sent to nearby farmhouse or the road Follow general Kind Foundation Emergency Procedures Follow relevant site evacuation procedures (for huts and shelters) Note: generally the instructor will need to factor in a longer evacuation time than for site based activities
Previous Incidents	n/a

Site/Activity Specific Hazard/Risk	Management of Hazard
Psychological Trauma or Social Embarrassment	Supervisors to ensure behaviour is appropriate and participants stay at their designated site. APOEC adopts a “challenge by choice policy” students not willing to participate will have the option to “opt out”. Also, adaptations to the activity to make it “more appealing” to students can be made to make them feel comfortable.
Damage to Flora or Negative Impact on Fauna	Ensure appropriate behaviour and no participants are throwing sticks/rocks/logs/etc.
Client becoming separated from group or Client becoming lost	Supervisors to rotate around sites checking on the entire group. Supervisors will be monitoring the boundaries of both site throughout the activity.
Tree fall	Look up - check for dead, overhanging and/or large trees and branches. Check weather forecast for high winds.
Road Crossing/Traffic	Brief participants. Stay off roads where possible. Single file facing oncoming traffic. Instructor to lead, adult helper to remain at rear. Road crossing of School Terrace Road must be supervised.
Wasps	All adults and students will be briefed before departure and at the start location. Ensure allergy medications are carried. If there appears to be a nest, contact DoC to action. Stay on tracks. Do not “grab” trees or pick up sticks off the forest floor.

Note: This Activity Management Plan (AMP) documents only very specific management of risks/hazards for a particular activity. General management of risks/hazards that relate to Outdoor or Adventure Activities are documented in The Kind Foundation Risk Register for Outdoor Activities. These documents are part of The Kind Foundation Safety Management System (SMS), an overview of which is given in The Kind Foundation Safety Management Plan (SMP).