



ACTIVITY MANAGEMENT PLAN LOW ROPES

Activity	Low Ropes
Location / Site	Wainui Park
Parking	On site
Grid Reference	NZTopo50 – BY25 915 489
Water	On site
Toilets	On site
Access Permission	NA
Instructor Requirements	Inducted and/or trained in low ropes facilitation
Specific Equipment & Resources	First aid kit
Specific Policies	Site inspection to be carried out by instructor on arrival Spotters stationed to support participant Ratio: 12 Participants: 1 Instructor
Emergency Response	Seeking Assistance: Adult can be sent to the onsite office, or personal mobile phones used Follow general The Kind Foundation Emergency Procedures Follow relevant site evacuation procedures
Previous Incidents	Scraped shins; slips on wires; incorrect/distracted spotters.

Standards and Codes of Practice:

- Activity Good Practice Guideline – Low Ropes and Confidence Course

Site/Activity Specific Hazard/Risk	Management of Hazard
Wires	Group to be briefed on course and where the wires are; instructor to visually check course for damage.
Dead Wood	Instructor to visually check site for dead wood
Falling awkwardly, impact with wires, ground or other Participants	Briefing and demonstration of spotting; monitor effective spotting throughout session.
Foot Entrapment in tyre	Brief all participants to have foot across the tyre wall, not in the tyre
Friction, rope/wire contact, sliding/slipping	Brief group to step off wire before they fall off; Ropes to be held only, not wrapped around body.