

## Activity Management Plan

### Low Ropes

Activity	Detail
<b>Location / Site</b>	YMCA Wainui Park / Horizons Low Ropes Course
<b>Parking</b>	See Site Specific Information
<b>Grid Reference</b>	See Site Specific Information
<b>Water</b>	See Site Specific Information
<b>Toilets</b>	See Site Specific Information
<b>Access Permission</b>	See Site Specific Information
<b>Instructor Requirements</b>	YMCA Outdoor Core 2 (lead) or equivalent Inducted and/or trained in low ropes facilitation and sites
<b>Specific Equipment &amp; Resources</b>	First aid kit Horizons Low Ropes Course requires site specific equipment as detailed in the site-specific information
<b>Specific Policies</b>	Site inspection to be carried out by instructor on arrival Spotters stationed to support participant Ratio: 12 Participants: 1 Instructor
<b>Emergency Response</b>	Seeking Assistance: Adult can be sent to the onsite office/ personal mobile phones used Seek help from other Competent Persons Follow general YMCA Emergency Procedures Follow relevant site evacuation procedures
<b>Previous Incidents</b>	Scraped shins; slips on wires; incorrect/distracted spotters.

Site/Activity Specific Hazard/Risk	Management of Hazard
Wires	Group to be briefed on course and where the wires are; instructor to visually check course for damage.
Dead Wood	Instructor to visually check site for dead wood
Falling awkwardly, impact with wires, ground or other Participants	Briefing and demonstration of spotting; monitor effective spotting throughout session.
Foot Entrapment in tyre	Brief all participants to have foot across the tyre wall, not in the tyre
Friction, rope/wire contact, sliding/slipping	Brief group to step off wire before they fall off; Ropes to be held only, not wrapped around body.

<b>Approved By</b>	Crispian Hills		
<b>Date</b>	March 2022	<b>Review Date</b>	May 2023

**Note:** This Activity Management Plan (AMP) documents only very specific management of risks/hazards for a particular activity. General management of risks/hazards that relate to Outdoor or Adventure Activities are documented in the YMCA *Chch Risk Register for Outdoor Activities*. These documents are part of the YMCA Christchurch Safety Management System (SMS), an overview of which is given in the *YMCA Chch Safety Management Plan (SMP)*.