

Activity Management Plan

High Ropes

Activity	Detail
Location / Site	YMCA Wainui Park
Parking	On site
Grid Reference	NA
Water	On site
Toilets	On site
Access Permission	NA
Instructor Requirements	YMCA Outdoor Core 2 (lead) or equivalent YMCA High Ropes Competency or equivalent Inducted to or trained on the Wainui course
Specific Equipment & Resources	First aid kit Rescue box
Specific Policies	All participants must be equipped with harness and helmet and closed toe shoes. Participants on Flying Kiwi must also wear a chest harness Instructor to wear harness, helmet and cows-tails Instructor to disclose risks and hazards to all participants / helpers and take steps to minimize risks during the activity. Helmets to be worn in high ropes enclosure when operational Activity to be halted in severe weather conditions/lightening Instructor to visually safety check site prior to activity All climbers checked prior to ascent by instructor Traffic cone to be placed next to driveway/road when running Flying Kiwi Adult helper to be the back 'anchor' on the flying kiwi haul rope Ratio: 3 Ropes: 1 Instructor and 1 Adult Help (up to year 9) (note: AH is considered as part of the ratio). AH to belay third group. 3 Ropes :1 Instructor (year 10 and above) 2 Group session – Min 2 instructors, max 5 ropes
Emergency Response	Seeking Assistance: Adult can be sent to the onsite office, or personal mobile phones used Follow general YMCA Emergency Procedures Follow relevant site evacuation procedures
Previous Incidents	Helmets falling off; karabiners connected to incorrect harness attachment point; rope burn; hair/finger entrapment; excess slack in climber's rope; lowering too quickly. Karabiner attached to wire element at height. Back of helmet caught on hand hold on vertical playpen.

Site/Activity Specific Hazard/Risk	Management of Hazard
Structural Failure	Equipment maintained to industry standards. Correctly set-up and inspections carried out by instructors and technical experts
Fall from height	All climbers checked prior to leaving the ground (top-to-toe check – ensure correct karabiner placement). Belayers closely monitored throughout session.
Injury from Belay device	Instructor to brief participant on keeping hands and hair away from belay device.
Injury from apparatus eg. Sheer reduction block; cables; staples.	Participants to be briefed on restrictions applied to each element. Participants to be facing the elements when lowered. Loose clothing to be tucked in. Long hair tied back. Jewellery to be removed and hands kept away from all metal wires.
Suspension trauma	For the duration of the session being conducted a specific High Ropes 'rescue competent' instructor will be: <ul style="list-style-type: none"> Specifically identified Immediately available In direct communication with the lead instructor No more than 2 minutes away from course.
Injury from falling object	High Ropes helmets to be worn inside High Ropes area. Participants to remove loose objects from person before ascending.
Vehicles on-site and on public road (Flying Kiwi)	Instructor to brief participants and to be vigilant throughout session. Large traffic cone to be placed at driveway entrance to signal session is in progress. Adult helper to be connected to end of rope as road monitor.
Participant hitting/ becoming entangled in top setup	Instructor to manage pulling of rope by "wings". Instructor to be aware and to set stop point for pullers (wings). Loose clothing to be tucked in; long hair tied back.

Note: This Activity Management Plan (AMP) documents only very specific management of risks/hazards for a particular activity. General management of risks/hazards that relate to Outdoor or Adventure Activities are documented in the *YMCA Chch Risk Register for Outdoor Activities*. These documents are part of the YMCA Christchurch Safety Management System (SMS), an overview of which is given in the *YMCA Chch Safety Management Plan (SMP)*.