

Activity Management Plan

Giant Swing

Activity	Detail
Location / Site	YMCA Wainui Park
Parking	On site
Grid Reference	NZTopo50-BY25 913 489
Water	On site
Toilets	On site
Access Permission	NA
Instructor Requirements	YMCA Outdoor Core 2 (lead) or equivalent YMCA Giant Swing Competency or equivalent
Specific Equipment & Resources	First aid kit Designated rescue equipment
Specific Policies	Swing bar attachment, seat, wires and haulage rope set up and checked prior to the group's arrival. All participants must be equipped with full body harness and helmet before entering the swing zone. Instructor to disclose risks and hazards to all participants / helpers and take steps to minimize risks during the activity. Instructor and Adult Helper to wear helmet when in swing zone and appropriate clothing for conditions. Weather forecast checked and land operational weather guidelines adhered to. Activity to be halted in severe weather conditions or threat of lightning. Instructor to visually check site prior to and during the activity – poles, wires, anchors and connection points. All participants appropriately dressed, attached and checked by instructor prior to leaving the ground. Ladder and any other foreign objects must be removed from the swing zone by the Instructor or Adult Helper before participant is pulled up. Instructor to close the gate to the swing zone and ensure all participants are behind the fence before hauling can commence. Instructor to continually monitor swing area during participant's ascent. Instructor must communicate with participant before they can release pull cord Ratio: 12 participants: 1 instructor and 1 Adult Help (AH)
Emergency Response	Seeking Assistance: Adult can be sent to the onsite office, or personal mobile phones used Follow general YMCA Emergency Procedures Follow relevant site evacuation procedures
Previous Incidents	Retrieval rope wrapped around bar causing participant to swing awkwardly between posts causing hip injury. Severe bruising on forearms from holding swing bar extremely tightly. Bar dropped on instructor's leg during set up due to it being unbalanced on the ladder.
Site/Activity Specific Hazard/Risk	Management of Hazard
Structural failure	Equipment maintained to industry standards, correctly set up and regularly inspected (every 3 months for first year - then annually)
Slippery surfaces and terrain	Briefing of group, setting of boundaries. Barriers. Proper footwear.
Other users	Briefing of other groups that may be in the area to stay clear of swing site, ensure everyone safely behind the fence.
Exposed location	Clothing appropriate to the conditions. Sunscreen, hat, water bottles for participants in hot weather, warm clothes and jackets in adverse weather.
Fall from height / ladder	All swingers are correctly attached and checked by the instructor before ladder is removed. Adult help to spot the swinger up and down the ladder.
Head or body Injury from bar or participant on swing	Instructor, parent helper and all participants on Haul rope stay outside swing zone behind fence when swinger is hoisted up and released. Instructor gives 'SAFE' call when the swinger slows down and the instructor and can enter swing zone, slow swing and bring down participant on the ladder.
Collision with object	Boundaries set for all participants (behind fence). Ladder is cleared by the instructor or adult helper before haulage rope is connected. Instructor to continually check swing area for objects and people. Safe/clear call made before release.
Injury from falling object	Helmets to be worn within swing area. Participants to remove loose clothing and objects before swinging.
Equipment failure	Correct training in use. Correct maintenance of equipment. Regular checks of equipment. Regular audits of structure.

Note: This Activity Management Plan (AMP) documents only very specific management of risks/hazards for a particular activity. General management of risks/hazards that relate to Outdoor or Adventure Activities are documented in the *YMCA Chch Risk Register for Outdoor Activities*. These documents are part of the YMCA Christchurch Safety Management System (SMS), an overview of which is given in the *YMCA Chch Safety Management Plan (SMP)*.